



Child and Family Support Services in County Louth

An online Directory of Services for Children from Pre-birth to 6 Years and their Families*

Child Abuse / Child Protection

If you have concerns about the safety or wellbeing of any child please call

DROGHEDA: Tusla – Child and Family Agency Ballsgrove 041 – 983 8574

DUNDALK: Tusla – Child and Family Agency Louth Hospital 042 – 939 2200

During out-of-hours please contact your local Garda Station or call 112 or 999

Many of the organisations/agencies detailed also provide services to children, adults and families outside the pre-birth to 6 years old age group

Disclaimer: Please note that whilst every effort is made to ensure that the information contained in this document is accurate and up-to-date, The Genesis Programme, Louth Children's & Young People's Services Committee, any of their sub-groups or any of the organisations/agencies/services listed cannot be held accountable for any errors or inaccurate information within.



The Genesis Programme is a consortium of some fifty Partner Organisations that is delivering the Incredible Years suite of programmes and other evidence-informed interventions to children, families and communities in Dundalk and Drogheda as part of the Area Based Childhood (ABC) Programme. A full list of partners can be found on the website.

The vision of The Genesis Programme is to measurably improve the well-being and developmental outcomes for children aged pre-birth to 6 years in the targeted areas by implementing the Incredible Years suite of programmes with fidelity using an agreed area based approach.

For more information please visit: www.genesislouth.ie



Louth Children's & Young People's Services Committee (CYPSC) is a collaboration of agencies working together to improve the lives of children, young people and their families in County Louth.

Its membership is drawn from a number of key agencies; Health Service Executive (HSE), Department of Social Protection, Louth County Council (LCC), Co. Louth Education & Training Board (Louth ETB), An Garda Síochána, The Probation Service, Louth County Childcare Committee, Louth Leader Partnership, Voluntary Representation, Dundalk Institute of Technology (DKIT), North East Regional Drugs Task Force, Irish Primary Principals Network (IPPN) and National Association of Principals and Deputy Principals (NAPD).

For more information please visit: www.louthcsc.ie

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Name of Service	Service Description	Contact Details
AA	Self help group for people with alcohol related problems	T: 01 – 842 0700 W: www.alcoholicsanonymous.ie
Al-Anon: Family and Friends Support Group	Understanding and support for families of people with alcohol related problems	T: 01 – 873 2699 W: www.al-anon-ireland.org
Crossroads Project	Drop In /Referral Social Care and Drug Education, Harm Reduction Programme, Social and Vocational Activities	82 Trinity Street, Drogheda T: 041 – 984 6981
Drogheda Homeless Aid	The project aims to restore dignity and hope by providing care, support and shelter for homeless men, while encouraging self-development, independent living and ultimately resettlement	35 North Strand, Drogheda T: 041 – 983 4492 W: www.dha.ie
Dundalk Counselling Centre	Treats alcohol, drugs, gambling and prescription drug addictions in adults	3 Seatown Place, Dundalk T: 042 – 933 8333 W: www.dundalkcounsellingcentre.ie
Dundalk Simon Community	Offers a range of options for people who are experiencing homelessness	63 Barrack Street, Dundalk T: 042 – 933 9583 W: www.dundalksimon.ie
Family Support Network	Provides support to families, family support groups, family support networks	5 Gardiner Row, Dublin 1 T: 01 – 898 0148 W: www.fsn.ie

Name of Service	Service Description	Contact Details
HSE Alcohol Counselling Services	One-to-One Counselling and Information	St. Brigid's Hospital, Ardee T: 041 – 685 3264 Ladywell Centre, Louth County Hospital, Dundalk T: 042 – 932 6156
HSE North Louth Drug Outreach and Counselling Services	One-to-One Counselling for drug users, families and concerned persons. Outreach Service	Market Street, Dundalk T: 042 – 939 4000
HSE South Louth Drug Outreach and Counselling Services	Assessment, Support, Withdrawal Treatment, Counselling	2 Lower Mell, Drogheda T: 041 – 987 0160
Louth Community Drug and Alcohol Team :The Red Door Project	Drop In/Information and referral for current drug users Social Care and Drug Education, Harm Reduction Programme, Structured Day Programme for drug users in recovery	Old Fatima Building, Dublin Road, Drogheda T: 086 – 783 1162
Matt Talbot Counselling and Education	Counselling and Education Service for people 16+ 10-week Non-residential Programme, Family Counselling/Aftercare	83 Five Oaks, Dublin Road, Drogheda T: 087 – 707 2955 E: info@mattalbotcounselling.ie W: www.mattalbotcounselling.ie
Pillar Family Support Group	Family Support Group	Community Centre, Scarlet Crescent, Drogheda. T: 086 – 897 4138
Turas Counselling Services	20-week Aftercare Programme for recovering drug and alcohol users Outreach, Community Alcohol Detox, Family Support Group	59 Clanbrassil Street, Dundalk T: 042 – 933 8221

Name of Service	Service Description	Contact Details
Drogheda Community Services	To provide social services to meet the needs of the community	T: 041 – 983 6084
Dundalk Counselling Centre	One to One Counselling, Youth Counselling, Child Focused Family Therapy, Therapeutic Group Work, In House and Outreach	T: 042 - 933 8333 W: www.dundalkcounsellingcentre.ie
Rainbows	To help children with issues around loss and bereavement	<p>Drogheda Rainbows Project: Connect Family Resource Centre T: 041 – 984 6608</p> <p>Dundalk Rainbows Project: Armagh Diocesan Pastoral Centre T: 042 – 933 6393</p> <p>The Play Room Project, Dundalk T: 042 – 933 7202</p> <p>T: 01 – 473 4175 (National Office)</p> <p>W: www.rainbowsireland.ie</p>

Name of Service	Service Description	Contact Details
4Word Project	A training programme designed for young adults who want to achieve certification to enable them to progress into further education, training and/or employment	Unit 8, Partnership Court, Park Street, Dundalk T: 042 – 935 4532 E: 4word.p@gmail.com
Adoption Services	Provides a full Preparation and Assessment Service for Irish and Inter-Country Adoption and a Placement and Post-Placement service for Irish and inter-Country Adoption	St Mary's Hospital, Dublin Road, Drogheda T: 041 – 983 2963
AMEN	Provides confidential helpline & support for male victims of domestic violence	T: 042 – 932 3718 W: www.amen.ie
Child Protection & Case Managed Family Social Work Services	Children at home in need of protection and Case Managed Family Support	Ballsgrove Health Centre, Drogheda T: 041 – 983 8574 Wilton House, Stapleton Place, Dundalk T: 042 – 939 2200
Connect Family Resource Centre	Offers a range of services from parenting classes, cookery classes, information giving and Health Promotion activities to target groups and families	Monday to Friday: 9.30am - 5pm T: 041 – 984 6608 E: connectfrc@gmail.com
Cox's Demesne Youth & Community Project Ltd	To enable the personal and social development of young people in Cox's Demesne, especially those who are at risk of alcohol & drug misuse, petty crime, early school leaving, neglect and homelessness	T: 042 – 933 0432 E: coxscycp@iol.ie

Name of Service	Service Description	Contact Details
Drogheda Area Women’s Network (DAWN)	Provides the following services: Affordable Counseling, Buddy Accompaniment Services, Childcare Services, Educational Classes as well as Information and Advice on a range of subjects	97 Georges Street, Drogheda T: 041 – 984 4131
Drogheda Women’s and Children’s Refuge	Offers shelter and safe accommodation to women and children who are homeless due to violence and/or abuse	T: 041 - 984 4550 W: www.droghedarefuge.org
Family Support & Child Welfare Services	Provides a quality service to families with children aged 0-5 years. Families with children outside this age group will also be considered	T: 041 – 987 5294
Focus Your Future (Lifestyle Development Group Ltd Drogheda)	Aimed at empowering young women to enter the labour force. The programme will include six months training and three weeks work experience. Modules covered will include computers, study skills, career development and office procedures. Certification will be through FETAC.	T: 041 – 984 6011
Fostering & Children in Care Services	Provides a service to children in long-term Foster Care and Residential Care, and to Foster Carers. The After Care Worker also works within the fostering team and provides a service to young people who are in the process of leaving or have left care	Wilton House, Stapleton Place, Dundalk T: 042 – 939 2200 Ballsgrove Clinic, Drogheda T: 041 – 983 8574
ISPCC	Parent and Youth Mentoring and Counselling to young people at risk (0-18 years) Individual Counselling through telephone, text or web-based initiatives.	Distillery House, Dyer Street, Drogheda T: 041 - 983 3406 W: www.ispcc.ie

Name of Service	Service Description	Contact Details
Lifestart (Lifestyle Development Group Ltd Drogheda & Cox's Demesne Youth and Community Project Ltd)	<p>Lifestart is a programme for parents of children aged from birth to five years.</p> <p>Lifestart offers a monthly child and parent development programme which is delivered to parents in their own homes by trained family visitors.</p>	<p>T: 041 – 9842078</p> <p>E: lifestart@lifedev.ie</p>
Louth Traveller Movement	<p>A partnership of Travellers and non-Travellers working together to achieve equality for Travellers in Co. Louth</p>	<p>T: 01 – 679 6577</p> <p>E: itmtrav@indigo.ie</p>
National Traveller Counselling Service	<p>National Traveller Counselling Service provides a culturally appropriate Traveller Counselling service.</p>	<p>T: 086 – 308 1476</p> <p>W: www.travellercounselling.ie</p>
Muirhevnámór Springboard Initiative	<p>Provides an integrated and coordinated family support service to families with children aged 0 – 10 years</p>	<p>T: 042 – 935 1680</p>
North Dundalk Family Support Hub	<p>Promotes the participation of parents and children in needs-led programmes and activities</p>	<p>T: 042 – 933 0432</p>
Probation Service	<p>Young Persons Probation works with the Children Courts nationally to advise, assess and support young people (12-18) who are involved in the Criminal Justice System.</p> <p>The Probation Service works in partnership with other agencies to improve the quality of life for young people and their families.</p>	<p>Probation Service Government Offices Millennium Building Alphonsus Road Dundalk</p> <p>T: 042 – 933 0432</p>
Rape Crisis North East	<p>Provides a specialised, professional counselling and support service to women, men and young adults who have experienced any form of sexual violence</p>	<p>T: Free phone: 1800 212 122</p> <p>T: 042 - 933 9491</p> <p>W: www.rcne.ie</p>

Name of Service	Service Description	Contact Details
Rathmullen Community House	Provides information and courses including Preparation for Work, Cookery Courses, IT Classes and Gardening Club. They also run a Gamblers Anonymous Group and a Counseling Service for a nominal fee.	229 Rathmullen Park T: 041 – 984 5184
Teen Parent Support Programme (Lifestyle Development Group Ltd Drogheda)	Provides support to Teen parents who are 19 years and under and until their child turns 2. The project offers one to one support through home visits, advocacy on behalf of the young parents and a source of information on health, social welfare and education.	T: 041 - 987 5273
Women’s Aid Dundalk	Support to women and children who have experienced domestic violence	24hr Helpline T: 042 – 933 3244
Drogheda Women’s and Children’s Refuge	Support to women and children who have experienced domestic violence	T: 041 – 984 4550

Name of Service	Service Description	Contact Details
Abacus	Special School for Children with Autism	Mallard House, Fair Street, Drogheda T: 041 – 980 3366
Ablevision Ireland	A project where intellectually challenged people learn about making television /short films together. The television and media programs are created and produced entirely by people with disabilities.	E: contactus@ablevisionireland.com
Access Youth Club	Aims to meet the Social, Developmental and Personal needs of young people where the work is carried out through community development approach resulting in a supportive environment	Boomerang Cafe, 62 Fair St, Drogheda T: 041 – 983 9916
Enable Ireland	Enable Ireland provides services to children and adults with disabilities	E: communications@enableireland.ie
Irish Autism Action	Irish Autism Action aims to bring positive change into the lives of those affected by autism.	National Number T: 044 – 937 1680 E: info@autismireland.ie
Irish Wheelchair Association	The National Organisation of People with Limited Mobility	Unit 7 Mayoralty St. Drogheda T: 041 – 984 6614
Louth Meath Down Syndrome	Provides Support & Information to families with a Child, Teenager or Adult with Down Syndrome in Counties Louth & Meath	T: 086 – 605 6759 W: www.dsilmb.com
Malta House	Adult Education and Training – Rehabilitative Training, Occupational Service, Supported Employment Programme, Day Care/ Activation Units	Malta House, Fair St, Drogheda T: 041 – 983 6145 W: www.maltaservicesdrogheda.ie

Disability Support Groups

Name of Service	Service Description	Contact Details
SNAP (Special Needs Active Parents)	Support for all families with children who have Special Needs.	E: info@snapireland.net
Spina Bifida Hydrocephalus Ireland	National Association for Spina Bifida and Hydrocephalus Ireland Ltd trading as Spina Bifida Hydrocephalus Ireland (SBHI)	E: info@lmsbhi.ie

Name	Description	More Info
Carers Allowance	Carer's Allowance is a payment to people on low incomes who are looking after a person who needs support because of age, physical/learning disability or illness (including mental illness).	W: www.citizensinformation.ie/en/social_welfare/social_welfare_payments/carers/carers_allowance.html
Child Benefit	Child Benefit (previously known as Children's Allowance) is payable to the parents or guardians of children who are under 16 years of age, or under 18 years of age if the child is in full-time education or has a disability.	W: www.citizensinformation.ie/en/social_welfare/social_welfare_payments/social_welfare_payments_to_families_and_children/child_benefit.html
Civil Registration	<ul style="list-style-type: none"> - The registration of Births, Deaths and Marriages - The re-registration of Births - The late registration of Births and Deaths - Registration of Coroner's Certificates - Issuing of Birth, Death and Marriage Certificates 	<p>Haymarket Health Centre, John St. Drogheda</p> <p>T: 041 – 987 5755</p> <p>Community Services, Dublin Road, Dundalk</p> <p>T: 042 – 938 5447</p> <p>W: www.civilregistrationservice.ie</p>
Community Welfare Officers	<p>The Community Welfare Service provides assessment and means testing for a variety of allowances and services. While not directly applied to children, all impact on their health and development. Services include:</p> <ul style="list-style-type: none"> - Back to School Clothing and Footwear Scheme - Blind Welfare Allowance - National Fuel Scheme - Supplementary Welfare Allowance 	<p>Ardee (Market Street) T: 041 – 685 36 39</p> <p>Drogheda (Ballsgrove) T: 041 – 987 0138/39</p> <p>Drogheda (Custom House) T: 041 – 981 5272</p> <p>Dundalk Muirhevnamor T: 042 – 933 1311</p> <p>Dundalk (Adelphi Court) T: 042 – 935 7985</p> <p>Dunleer Health Centre T: 041 – 685 1369</p>

Name	Description	More Info																
<p>Drugs Payment Scheme</p>	<p>This scheme covers families and individuals for part of the cost of their prescribed medication – no individual or family will have to pay more than the approved monthly threshold amount in any calendar month for approved prescribed drugs, medicines and appliances for use by that person or his/her family in that months.</p>	<p>W: www.citizensinformation.ie/en/health/entitlement_to_health_services/drugs_payment_scheme.html</p>																
<p>GP Visit Card</p>	<p>A GP Visit Card is a card issued by the Health Service Executive which entitles the holder to the services of a General Practitioner free of charge</p>	<p>W: www.citizensinformation.ie/en/health/entitlement_to_health_services/gp_visit_cards.html</p>																
<p>Long Term Illness</p>	<p>The scheme caters for individuals who have been diagnosed as suffering from any of fifteen specified illnesses. The Scheme allows persons to obtain without charge the drugs and appliances required for the treatment of their condition.</p> <p>The illnesses covered by the scheme are:</p> <table border="0" data-bbox="680 862 1314 1105"> <tr> <td>Mental Handicap</td> <td>Acute Leukaemia</td> </tr> <tr> <td>Mental Illness</td> <td>Parkinson's Disease</td> </tr> <tr> <td>Phenylketonuria</td> <td>Muscular Dystrophy</td> </tr> <tr> <td>Cystic Fibrosis</td> <td>Multiple Scerosis</td> </tr> <tr> <td>Spina Bifida</td> <td>Epilepsy</td> </tr> <tr> <td>Hydrocephalus</td> <td>Cerebral Palsy</td> </tr> <tr> <td>Diabetes Mellitus</td> <td>Haemophilia</td> </tr> <tr> <td>Diabetes Insipidus</td> <td>Diabetes Insipidus</td> </tr> </table>	Mental Handicap	Acute Leukaemia	Mental Illness	Parkinson's Disease	Phenylketonuria	Muscular Dystrophy	Cystic Fibrosis	Multiple Scerosis	Spina Bifida	Epilepsy	Hydrocephalus	Cerebral Palsy	Diabetes Mellitus	Haemophilia	Diabetes Insipidus	Diabetes Insipidus	<p>W: www.citizensinformation.ie/en/health/health_related_benefits_and_entitlements/long_term_illness_scheme.html</p>
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<p>Maternity Benefit</p>	<p>Maternity Benefit is a payment made to women who are on maternity leave from work and covered by Social Insurance (PRSI). You should apply for the payment 6 weeks before you intend to go on maternity leave (12 weeks if you are self-employed). If you are already on certain social welfare payments then you may get half-rate Maternity Benefit.</p> <p>Some employers will continue to pay an employee, in full, while she is on maternity leave and require her to have any Maternity Benefit paid to them. You should check your contract of employment to see what applies to you.</p>	<p>W: www.citizensinformation.ie/en/social_welfare/social_welfare_payments/social_welfare_payments_to_families_and_children/maternity_benefit.html</p>																

Name	Description	More Info
<p>Medical Card</p>	<p>A Medical Card is a card issued by the Health Service Executive (subject to the client satisfying certain criteria) which entitles its holder free of charge to a range of Health Services which include:</p> <ul style="list-style-type: none"> • General Medical & Surgical Services • A choice of General Medical Practitioner from those doctors who have a contract with the Health Service Executive • Supply of prescribed approved medicines and appliances • Dental, Ophthalmic and Aural services • All inpatient and outpatient services in public wards in public hospitals (including consultant services) 	<p>W: www.citizensinformation.ie/en/health/entitlement_to_health_services/medical_card.html</p> <p>T: 1890 – 252 919</p>
<p>Respite Care Grant</p>	<p>Respite care may involve providing alternative family or institutional care for a person with a disability in order to enable the carer to take a short break, a holiday or a rest</p>	<p>W: www.citizensinformation.ie/en/health/health_services_for_people_with_disabilities/respite_care.html</p>

Name of Service	Service Description	Contact Details
<p>Area Medical Officer</p>	<p>Area Medical Officers and Senior Medical Officers working in Community Health Medicine deliver a range of frontline clinical preventative medical services to individuals and specific groups including children, adolescents, children with disabilities and marginalized, socially excluded children in the community, in accordance with identified needs of the population, best practice and a population health approach</p>	<p>Drogheda T: 041 – 987 5700</p> <p>Dundalk T: 042 – 933 2287</p>
<p>Audiology Services</p>	<p>The primary focus of the paediatric Audiology service is to detect children who have permanent hearing loss</p>	<p>Hearing test is carried out on children in their first year of Primary School.</p> <p>Contact your PHN/GP if you have any concerns</p> <p>T: 042 – 933 2287</p>
<p>Child Psychiatry Team Services</p>	<p>The Child and Family Psychiatric Team provide a comprehensive psychiatric service to children and their families through assessment, consultation and therapeutic intervention.</p>	<p>T: 041 – 983 8605 (Drogheda)</p> <p>T: 042 – 938 5456 (Dundalk)</p>
<p>Children’s Dental Services</p>	<p>Dental Treatment can be availed of from birth to the age of 16 years. Emergency Treatment only (i.e. Treatment for Pain) is provided between 14 and 16 years</p>	<p>Dental Nurse visits Primary Schools, where children can be referred to Dental Clinic for further treatment.</p> <p>T: 042 – 933 2287</p>
<p>Community Ophthalmology Services</p>	<p>Children can avail of Ophthalmic or Eye Testing Services, which can be accessed by referral from your GP or PHN.</p>	<p>Drogheda T: 041 – 987 5700</p> <p>Dundalk T: 042 – 933 2287</p>
<p>Disability – Early Intervention Team Services</p>	<p>The Early Intervention Team provides service to those children with developmental delay and disability.</p>	<p>Referrals made by GP, Schools or PHN</p> <p>Early Intervention Service Boyne Business Park, Drogheda T: 041 – 984 2423</p>

Name of Service	Service Description	Contact Details
General Practitioner	General Practitioners (GP) are self-employed professionals who engage in service commitments, under a range of individual contracts with the HSE	List of GP's online www.HSE.ie Contact your Family Doctor
Health Promotion	<p>Health Promotion is the process of enabling people to maintain and promote their own health.</p> <p>The Health Promotion Department have developed a number of initiatives and provided training for health care professionals and educators, which have impacted on child and adolescent health care.</p> <p>Examples of specific “children” services include:</p> <ul style="list-style-type: none"> • Pre-School Setting • Schools Programme • Childhood Accident Prevention Programme • Youth Health Programme • Oral Health • Community Nutrition & Dietetic Service 	T: 046 – 907 6400 W: www.healthpromotion.ie
Hospital Nutrition and Dietetics Services	A dietetic service for children is available only at Our Lady of Lourdes Hospital, Drogheda. Appointments are required.	Patients are seen by appointment only. A signed referral form from a consultant must be sent to the Dept.
Hospital Paediatric Service	The hospital provides an examination of the newborn child and gives verbal and written health education to the parents	Local Hospitals Our Lady of Lourdes, Drogheda T: 041 – 983 7601
Maternity Services	Every woman who is pregnant and ordinarily resident in Ireland is entitled to Maternity Care under the Maternity and Infant Scheme	Your GP should have an application form – which you fill in together. Return to your Local Health Office Our Lady of Lourdes, Drogheda T: 041 983 7601

Name of Service	Service Description	Contact Details
<p>Occupational Therapy Services</p>	<p>The Occupational Therapist (OT) aims to give an overall picture of the child's current functional level and daily skills, and observe the impact of the child's motor and sensory skills.</p> <p>For more information contact your GP.</p>	<p>Drogheda</p> <p>T: 041 – 987 5700</p> <p>OT Department, Local Health Office, Dublin Road, Dundalk</p> <p>T: 042 – 682 0000</p>
<p>Palliative Care</p>	<p>Palliative Care is the continuing active total care of patients and their families, irrespective of diagnosis, when the medical emphasis has shifted from curing the illness to focusing on maximizing quality of life, accepting that life expectancy is limited.</p>	<p>Dochas Centre, Our Lady of Lourdes, Drogheda</p> <p>T: 041 – 983 7601</p> <p>Ask for Palliative Care</p>
<p>Physiotherapy Services</p>	<p>Paediatric physiotherapy practice includes the assessment, clinical diagnosis, treatment and management of children who have a general developmental delay, disorder of movement, impairment or illness which can be improved, controlled or alleviated by physiotherapy advice, physiotherapeutic skills and/or use of specialized equipment or appliances.</p>	<p>Drogheda</p> <p>T: 041 – 987 5700</p> <p>Dundalk</p> <p>T: 042 - 682 0000</p>
<p>Psychology Services</p>	<p>Psychology services provide appropriate assessment and therapy to children, adolescents and their families who present with a broad range of emotional and behavioural problems.</p> <p>Services are available to children and adults and focus on reducing psychological distress and promoting well being.</p>	<p>Referral is often through a GP or psychiatrist, but self-referral is possible.</p> <p>Drogheda</p> <p>T: 041 – 987 5700</p> <p>Dundalk</p> <p>T: 042 – 682 0000</p>

Name of Service	Service Description	Contact Details
<p>Public Health Nursing Services</p>	<p>The Public Health Nurse (PHN) aims to promote the health and well-being of the community by delivering a range of services including: Clinical and home nursing. The service supports families with acute/chronic illness, disability and with end of life care. The PHN provides a link between hospitals and other services. PHNs provide postnatal support, advice and information to mothers and their infants. Developmental screening programmes are undertaken by PHNs throughout the preschool years providing assessment on child development.</p>	<p>Visit your PHN at your Local Health Centre</p> <p>Drogheda T: 041 – 987 5700</p> <p>Dundalk T: 042 – 682 0009</p>
<p>Speech & Language Therapy Services</p>	<p>Speech & Language Services are provided for children and adults who need help developing their speech or who have had difficulty in this area.</p>	<p>Referrals can be made through your PHN, GP or the child's school</p> <p>Dundalk T: 042 – 682 0000</p> <p>Drogheda T: 041 – 987 5700</p> <p>Ask for speech and language</p>

Name of Service	Service Description	Contact Details
AWARE	Aware works to create a society where people who experience depression and related mood disorders, and their families, are understood and supported, are free from stigma and have access to a broad range of support options	T: 1890 303 302 W: www.aware.ie
Child and Adolescent Mental Health Services (CAHMS)	Child and Adolescent Mental Health Services (CAMHS) is a free specialist service for children and adolescents with serious emotional, behavioural or mental health difficulties. The service caters for young people up to 16-years-old, although some CAMHS services extend to 18 years for young people in full-time education.	Referrals by your GP. CAMHS also accept referrals from other senior health professionals such as social workers, educational psychologists.
GROW	Helps people who have suffered or are suffering from mental health problems. Members are helped to recover from all forms of mental breakdown, or indeed, to prevent such happening.	T: 1890 474 474
Headsup.ie	HeadsUp is a mental health promotion project which aims to contribute to suicide prevention efforts by providing timely, appropriate information and support to young people.	24Hr Free Text Headsup 50424 T: 01 – 205 7326 E: info@headsup.ie
Mental Health Ireland (North Eastern Region)	(MHI) is a national voluntary organisation who provides care, support and friendship for the mentally ill. Mental Health Ireland aims to promote positive mental health and to actively support persons with a mental illness, their families and carers by identifying their needs and advocating their rights	T: 086 – 602 8157 T: 01 – 284 1166 E: info@mentalhealthireland.ie W: www.mentalhealthireland.ie
Nurture	Provides mothers, children and families support and counseling around pregnancy, childbirth, miscarriage, stillbirth and post traumatic stress disorders, failed IVF treatment	W: www.nurture.org T: 01 – 843 0930

Name of Service	Service Description	Contact Details
<p>Parentline</p>	<p>Supports, guidance and information on all aspects of being a parent and the reassurance that, whatever the problem, you're not the first parent to face it</p>	<p>Lo call 1890 927277 T: 01 – 873 3500 E: info@parentline.ie</p>
<p>Samaritans</p>	<p>Provides 24-hour emotional support to anyone struggling to cope.</p>	<p>T: 041 – 984 3844 (Drogheda area general enquiries) T: 116 123 (Freephone) E: jo@samaritans.org</p>
<p>SOSAD</p>	<p>Raises awareness of suicide in Ireland. Provides support and direction to those feeling suicidal and for those bereaved by suicide</p>	<p>T: 041 – 984 8754 (Emergency Contact 24/7 for Drogheda Area) E: info@sosadireland.ie T: 042 – 932 7311 (Emergency Contact 24/7 for Dundalk Area) T: 083 - 4244182 E: dundalk@sosadireland.ie</p>
<p>Teenline Ireland</p>	<p>Teenline Ireland is a free 24 hr service for the young. If you need someone to talk to, they're there to listen and to help</p>	<p>T: Free phone: 1800 833 634 E: info@teenline.ie Free Text Service: text TEEN to 50015 8pm – 11pm</p>

Parent and Toddler Groups

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For a full list of Parent and Toddler Groups in Co Louth please see <http://www.louthchildcare.ie/index.php/parents/2013-02-20-10-21-47>

Parenting Programmes

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The Genesis Programme delivers a range of parenting programmes (for parents of children from pre-birth to 6 years of age) for families in the Dundalk and Drogheda areas. Please visit www.genesislouth.ie for more information

Pre-School Services

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Name of Service	Service Description	Contact Details
Early Childhood Ireland	Early Childhood Ireland supports and represents the people who play a role in the development, delivery and oversight of early childhood care and education in Ireland, and prioritises the interests of children.	T: 01 – 405 7100 E: info@earlychildhoodireland.ie
Louth County Childcare Committee	Service Provision: <ul style="list-style-type: none">• Support Parents with advice and information of their entitlements to the government childcare programmes, where to access Childcare services and Parent and toddler groups.• Support Childcare Services with advice, information and training to promote and enhance quality early years care for children.	T: 042 – 933 6364 E: clerical@louthchildcare.ie
Pre-School Inspectorate	The aim of the service is to: <ul style="list-style-type: none">• Comply with the HSE's statutory duty to secure the health, safety and welfare of pre-school children and to promote their development.• To monitor and inspect all pre-school services in the Louth Community Care area and ensure that the minimum standards required by legislation are achieved.• To promote high quality pre-school services in the region, including the provision of advice and information on pre-school services to pre-school providers, parents and other interested parties.	T: 042 – 938 9625 (9:30am – 1:00pm) T: 042 – 938 9622 (2:00pm – 5:00pm)

For a full list of Community-Based and Private Provider Childcare Services in Co Louth please see

<http://www.louthchildcare.ie/index.php/providers/pre-school-providers>

Name of Service	Service Description	Contact Details
<p>National Education Welfare Board (NEWB)</p>	<p>The NEWB was established in 2002 under the Education (Welfare) Act, 2000, a progressive piece of legislation that emphasises the promotion of school attendance, participation and retention.</p> <p>The various strands of the NEWB, the School Completion Programme (SCP), the Home School Community Liaison Scheme (HSCL) and the Educational Welfare Service (EWS) work together collaboratively and cohesively to secure better educational outcomes for children and young people.</p> <p>The NEWB and the services it previously provided moved to the new Child and Family Agency, TUSLA, on the 1st January 2014.</p>	<p>Dundalk (VEC office, Chapel Street) T: 042 - 933 4047</p> <p>Drogheda (St Laurence's College Building, King St, Drogheda) T: 041 - 983 8619</p> <p>Regional Office T: 01 – 813 8623</p>
<p>National Parents Council</p>	<p>The Information/Helpline officers listen, and give information and support to parents to help them make the best possible decisions for and with their children</p>	<p>T: 01 – 887 4034</p> <p>E: info@npc.ie</p>

For a full list of Primary Schools in Co Louth please see

<http://www.education.ie/en/Find-a-School/School-List/?level=Primary&geo=Louthðos=-1&lang=1&gender=-1>

Name of Service	Service Description	Contact Details
<p>All Sports – including Athletics, Camogie, Gaelic Football, Hurling, Rugby and Soccer Louth Local Sports Partnership</p>	<p>Provides support to sport and active recreation at local level in the Louth area.</p> <p>The key aim of the Louth Local Sports Partnerships is to increase participation in sport and physical recreation and ensure that local resources are used to best effect</p>	<p>W: www.louthlsp.ie</p> <p>T: 042 – 932 4318</p> <p>E: louthlsp@louthcoco.ie</p>
<p>Create Louth</p>	<p>Louth Local Authorities are committed to developing arts services which strengthen, and give voice to the stories and experiences of every corner of Louth</p>	<p>W: www.createlouth.ie</p>
<p>Disability Sports</p>	<p>Louth Local Sports Partnership provides support to sport and active recreation at local level in the Louth area.</p> <p>The key aims of the local sports partnerships are to increase participation in sport and physical recreation and ensure that local resources are used to best effect.</p> <p>A range of activities supporting Disability Sports are available.</p>	<p>T: 042 – 932 4356</p> <p>E: valene.mcmullen@louthcoco.ie</p> <p>W: www.louthlsp.ie</p>
<p>Irish Dancing</p>	<p>Irish dancing is a traditional dance form that includes both social and performance opportunities. It encompasses wide variety of styles for solo, pair, and group dances Irish dancing gives children a sense of pride and confidence in their own abilities.</p> <p>It shows them how to dance and learn steps improving memory and cognitive abilities. Irish dance shows them how to collaborate and work with other children of different ages.</p>	<p>An Coimisiún Le Rincí Gaelacha – The Irish Dancing Commission W: www.clrg.ie</p> <p>Comhdháil Na Muinteoirí Le Rincí Gaelacha W: www.irishdancingorg.com</p> <p>World Irish Dancing Association W: www.worldirishdance.com</p>
<p>Irish Girl Guides</p>	<p>The Irish Girl Guides is a uniquely girl-only, youth-driven, active and dynamic organisation.</p> <p>It offers a varied and exciting programme for girls and young women aged 5-26, and opportunities for Leaders of all ages.</p>	<p>W: www.irishgirlguides.ie</p> <p>National Office T: 01 – 668 3898</p>

Name of Service	Service Description	Contact Details
Library Service	<p>Services include:</p> <ul style="list-style-type: none"> - Lending of books, language tapes, audio books, DVD's, CDs, large print books, magazines and journals - Reference collection - encyclopaedias, directories etc - Free internet access in all branch libraries - Printing facilities are available in all branches - Free Wi-Fi access in Dundalk, Ardee & Drogheda Branches 	<p>Market Square, Ardee T: 041 – 685 9023</p> <p>Newry Street, Carlingford. T: 042 – 932 4113</p> <p>Stockwell Lane, Drogheda T: 041 – 987 6162 E: droghedalibrary@louthcoco.ie</p> <p>Roden Place, Dundalk T: 042 – 935 3190 E: libraryhelpdesk@louthcoco.ie</p> <p>Station Road, Dunleer T: 041 – 685 9016</p> <p>Mobile Library: W: www.louthcoco.ie/en/Services/Library/Where-Are-We-Mobile_Library/</p>
Music Generation Louth	<p>Music Generation is Ireland's National Music Education Programme. It helps children and young people access music education in their own locality</p>	<p>W: www.musicgeneration.ie</p>
Parks and Gardens	<p>Places to visit in Louth which are open to the public</p>	<p>www.irishtourist.com/directory/places_to_visit/parks_and_gardens/north/louth/</p>
Playgrounds	<p>Local Authority managed playgrounds</p>	<p>www.louthcoco.ie/en/Services/Sports_Recreation/</p>
Scouting Ireland	<p>Scouting Ireland is an organisation where the youth members learn, develop and have fun in a safe and secure environment.</p> <p>Age range from 6+</p>	<p>http://www.scouts.ie/join_today/group_locator.html</p> <p>National Office: T: 01 – 495 6300</p>

Name of Service	Service Description	Contact Details
Swimming Pools	With a 25metre swimming pool, Aura's Swim Academy caters for children of all ages from toddlers to teenagers, Offering the best facilities in which all ages can learn to swim	http://www.auraleisure.ie/drogheda T: 041 – 987 4478 http://www.auraleisure.ie/dundalk T: 042 – 933 6230
Things To Do	FunDays.ie is an independent Irish company set up to provide busy parents with ideas on where to "have fun" in Ireland	www.fundays.ie/things-to-do-louth

Name of Service	Service Description	Contact Details
Citizen's Information Centre	Provides information on public services and entitlements in Ireland	Mayoralty Street, Drogheda T: 041 – 984 6753
Deeside School Completion Programme – Ardee & Dunleer	Supporting young people and their families with school attendance, participation and retention	Paula McCabe T: 087 – 214 2660 E: pquinn.sum@lmetb.ie Andrea Duffy T: 087 – 328 5822 E: ardeescp@eircom.net
Family Support Agency Counselling Services	Provides a variety of services to assist families around the country. Those experiencing marriage / relationship difficulties or bereavement and for children experiencing bereavement or parental separation	T: 01 – 611 4100 W: www.fsa.ie/selected-by-county/louth
FLAC (Free Legal Advice Centres)	An independent human rights organisation dedicated to the realisation of equal access to justice for all	Info & Referral Line: 1890 350 250 T: 01 – 874 5690 W: www.flac.ie
Foróige	Our purpose is to enable young people to involve themselves consciously and actively in their development and in the development of society	T: 086 – 657 9606
Holy Family School Completion Programme	Supporting young people and their families with school attendance, participation and retention	T: 041 – 983 8260
Louth Ethnic Minority Consortium	Louth Ethnic Minority Consortium works in partnership to develop sustainable initiatives towards the inclusion of minority ethnic groups and to promote positive relations at a local level whilst challenging barriers to integration	T: 087 – 099 6789 W: www.lmec.ie
MABS	A confidential, independent and non-judgmental service for people in debt or in danger of getting into debt in Ireland	T: Helpline 0761 07 2000 E: helpline@mabs.ie

Name of Service	Service Description	Contact Details
Muirhevnamor Community Youth Project	Aims to meet the needs of the young people throughout the community by providing stimulating and challenging recreational, social and educational activities	T: 042 - 933 7711
Northside School Completion Programme	Supporting young people and their families with school attendance, participation and retention	T: 041 – 983 2800
Oriel School Completion Programme	Supporting young people and their families with school attendance, participation and retention	T: 087 – 624 9940
School Completion Programme Dun Dealgan	Supporting young people and their families with school attendance, participation and retention	T: 042 – 933 1398
St. Vincent de Paul	The biggest charitable organisation helping those in need in the North East	North East & Midlands Region: 53 – 54 Trinity Street, Drogheda T: 041 – 987 3331 T: Free phone: 1800 677 777 E: info.northeast@svp.ie
Youth Work Ireland	Work with local communities to deliver quality supports and services with and for the young	T: 042 – 933 8323 E: info@youthworkireland.ie